The Temple of God

Seven times in Scripture, the Holy Spirit tells us that we are the temple of God. But let not everyone blindly rejoice in this. Scripture also makes it very clear that only those who accept Jesus, as their Lord and Savior, and all that that implies in terms of repentance, obedience and evidential works, are temples indwelt by the Holy Spirit. All others have an empty place where the Holy Spirit would like to dwell, if the person would allow Him to. These persons are at risk of being occupied by other spirits who have stolen in by means of Satan's law of "squatter's rights." Only through the work of the Holy Spirit, authorized by the free will of the individual, can these usurping, evil squatters be evicted and replaced by Him who has the power to evict and to convict.

Prior to Pentecost, the temple of worship where God would dwell was made of stone or wood. With Pentecost, God decreed that henceforth each human body, whose soul gave itself to Christ Jesus, would become a temple, the place of personal worship, because with the acceptance of Jesus as Lord and Savior, that is where the Holy Spirit would take up residency. Remember, your body is not you. You are the soul / spirit which dwell in that body. When one says, "my body" it is on an inadvertent admission that the body is not the person speaking, otherwise why say, "my body" the same as one would say "my house" or "my car"? Aren't we simply all bags of bones and flesh where we must dwell until God takes us? Our bodies consist of nothing more than dust, water and air of a particular mix and shape into which the Creator breathed life. We are each tenants-at-will (His will) in these temporary homes, which He has loaned to us. But they are also temples. What are temples for? They are places of worship. Therefore, we who are saved each live in our own temple of worship, and worshiping our Creator is what we are expected to do there.

The old stone temple of worship needed much care and maintenance. The oil lamps needed to be kept full and burning, the shewbread needed to be replaced daily, the

incense dish had to be kept full, and, of course, the place had to be kept clean. Our bodies as living temples need similar maintenance. We should keep God's spiritual light always burning and shining from within. We need daily spiritual bread even as our bodies need material nourishment. As the burning of incense in the stone temple symbolized worship, so must we in our souls maintain a burning thirst to seek and worship God. Keeping our body, our temple, our place of worship, clean is also of great importance

As organic temples, rather than the ones, made of stone, the cleaning and maintenance of each temple requires a different system of care. In these end times, the world dominated by you know who, is almost in complete control of all food supply, making it more and more difficult for us to obtain unadulterated, God-intended nourishing food with which to keep our temple healthy and clean from sickness. Because we dwell in God's temple, isn't it highly incumbent on us to do all we can to not only keep it spiritually clean and pure, but also physically healthy? We are stewards of His temples as well as tenants. Can anyone doubt that He expects us to treat it responsibly and lovingly as He treats us? So it seems appropriate that just as we seek His Word as the source of pure, wholesome, spiritual food for ourselves, we should also seek and apply all available knowledge regarding what our bodies need for their health in order to assure them full measure of useful lives.

Where food is concerned, the world's primary objective is to sell it for a profit. That's fine, but it has little, if any, interest in whether or not it nourishes. In order to sell well, its flavor and texture as well as its appearance must be pleasing, and its shelf life as extended as possible. Therefore, these are the primary "attributed" that all food producers try to put into their products. Major industries exist for the sole purpose of producing chemical additives to enhance taste, color, texture and shelf life. There is convincing evidence that many of these are harmful over the long term. Public knowledge of such things as these, along with the several health dangers associated with transfats, sugars, chemical sweeteners, white flour, etc. is slowly emerging as is the fact that many heavily consumed "foods" are not only void of any nutritional benefits, but are

also slow-acting, serious poisons. However, the forces in control continue to confuse and deceive for the sake of their economic interests as the population grows ever more sick and ailing. If you really care for God's temple, as you should, you ought to become educated and knowledgeable of what is and what is not healthy. Read every label before you buy in order to know what is in the package, and then be very selective about what you feed your temple. By God's permissive will, I was told over 12 years ago I had no more than 12 months to live, due to a metastasized cancer for which there was no treatment. Through God's directive will, He guided me through the maze of conflicting information about what I should eat and other things that I should do to restore His temple. Just as with Scripture, if you pray and seek with singleness of mind you can do the same for that temple which has been entrusted to you.